

The anxiety exam

Who is the anxiety exam meant for?

The anxiety exam is aimed at people who experience a little or a great deal of anxiety prior to their final exam. Irrespective of whether this is your first exam or not, you can always apply for this type of final exam. If you feel that you are suffering from unhealthy and extreme fears leading up to the final exam, it is advisable to find a driving school which specializes in guiding students with anxiety problems. It has been found that it's best to tackle any anxiety problems while taking the driving lessons, and not just during the final exam. In this way you can start working on and managing your anxiety right from the first lesson.

If you do not have sufficient command of the Dutch language, we would recommend you not to take the exam. It is crucial that you and your examiner are able to have a conversation, so that the success of your exam is guaranteed.

Special trained examiner

The examiner who does the anxiety exam with you has been specially trained in guiding people with anxiety issues.

The exam takes 80 minutes

The anxiety exam normally takes approximately 80 minutes, which is longer than the usual final exam. It starts with a conversation to discuss your anxiety and how your examiner can help you in the best way possible. In this way you will become more relaxed prior to the exam, and when you're feeling your best, you'll be in the best shape for the exam.

Time out

If you feel in need of a time out during the exam, you are free to ask for one. You can ask for as many time outs during the exam as you need. The examiner is also allowed to initiate a time out, whenever he thinks it necessary for you.

Not easier

An anxiety exam may take longer than a regular final exam, but it is not easier. You still have to control the basic driving skills which are required for a final exam. This means that you have to be able to show your examiner that you are able to drive safely and responsibly.